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# ST. LUKE'S CWL



**ANNUAL REPORT  
2022**

**COUNCIL #22**

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# St. Luke's

## Catholic Women's League of Canada

### Council #22

#### Executive

##### *President*

**Pam Wilson**

##### *Past President*

**Karen Bruch**

##### *President-Elect -Vacant*

##### *Treasurer*

**Colleen Strueby**

**Christine Stark**

##### *Recording Secretary*

**Pam Wilson**

**Teresa Armanious**

##### *Corresponding Secretary*

**Salwa Azzam**

##### *Spiritual*

**Joyce Simoes**

##### *Communications*

**Marlene Vierboom** (*Luke's Links*)

**Pam Wilson**

##### *Membership*

**Susan Wenger**

##### *Christian Family Life- Vacant*

##### *Community Life*

**Alexy Fernandes**

**Salwa Azzam**

##### *Health & Education*

**Evelyn Charchuk**

**Gina Hindle**

#### Table of Contents

Fr. Fernando, Spiritual Advisor	2
President's Message	3
Past President's Message	4
Executive Changes	4
Recording Sec—Motions	5
Corresponding Secretary	6
Communications	6
Income Statement— 2022	7
Member Appreciation	8
Membership	9
Spiritual	10
League Prayer	11
Mission Statement	12
Committee Projects	13
Scholarship/Book Club	14
Meetings	15
Parish Activities	16
Receptions/ Honour Guard / Book of Life	17
Garage Sale / Bottle Drive	18
Christmas Market	19
100 Year Convention	20
Convention Prayer	21
2023— Theme / Prayer	23

**[www.CWL.ca](http://www.CWL.ca)**

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# Spiritual Advisor



"The spirit of the Lord is  
upon me because he has  
anointed me to bring good  
news to the poor."  
(Luke 4:18-19)

## ST. LUKE'S CHURCH

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Calgary AB  
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March 20, 2023

### CWL Annual Report 2023

Good morning and a blessed day,

So far, 2022 has been a good year for all our ministries and organizations in our parish. Covid time is over, and we are in our transition to a more normal operation. As a parish, we are cruising smoothly even though we still feel effects of the pandemic. We are thankful for all the help of our good people and our organizations especially the Catholic Women's League.

In the past year we feel the influence of the work of our Catholic Women's League in our recovery to normalcy. We thank them for their service and presence in almost all our ministries, may it be pastoral, social, spiritual, and liturgical.

To highlight some of their contribution, I would like to mention some of them. In our pastoral ministry they played a very important role. We have a member from the CWL as a Pastoral care coordinator.

We also have a very active CWL member who is also a coordinator of our Hospitality Coffee Sunday. They volunteered to help for the youth summer camp "Ignite" last summer and they helped with the Stampede Breakfast. One of the pastoral contributions of CWL is their ministry for the bereaved family by serving receptions to as many as 29 funeral lunches just for the year 2022. One of our pastoral plans is to introduce youth ministry in our parish. Though the CWL is not very visible in this ministry they played an important role by offering financial aid for the monthly gatherings and celebrations.

Spiritually, they are very active in the bible study program, and they also participated in the Stations of the Cross during the season of Lent.

Socially, I would say that they are most active in their participation in their national effort for the improvement of our society. However, they have some local and parochial endeavours such as cash donations to our feed the needy programs. They also participated in providing Christmas cards and stamps for shelters and Christmas gifts for charity.

Liturgically, the members of the Catholic Women's League are all over this ministry, that without them we would be lacking in all our liturgical ministries.

I am honored to have their presence in our parish and our community.

Fr. Fernando

Spiritual Advisor

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## President's Message

My dearest sisters in Christ,

As I pause to reflect on St. Luke's CWL 2022 year, it was a good year, a trying year, and I'm immensely grateful for all the members of St. Luke's.

We were able to get back to in-person meetings and holding some of them with the added ZOOM feature. This helped some members still be involved without risk to their health.

We voted on many changes to the Constitution & Bylaws in 2022. All but one was adopted at the National Convention in August. One of the changes adopted was giving the councils at Parish level, as well as executives at Diocesan, Provincial and National to have meetings virtually and still be able to adopt motions and proceed with CWL business and meet the requirements of the Canada Not-For-Profit Act by including the change in our Constitution & Bylaws.

The change that was not adopted was changing our patroness, Our Lady of Good Counsel. She will remain with us and guide us in all we do for CWL and our community.

I was privileged to attend the 100th Diocesan Convention in May. It was a first for me. The excitement and passion from all the ladies that attended was captivating. I'm glad that 6 of the members from St. Luke's CWL were able to attend. It always amazes me when someone remembers me, let alone my name. I look forward to attending the 2023 Convention.

Our Garage Sale and Christmas Market were exciting. With support from all of you, we were able to provide much needed donations to many of our charities we support which we couldn't with COVID in 2020 and 2021.

Our new Bottle Drive was slow, but with more awareness of the need to recycle, this will become a very successful event.

Through some trials this year personally, with a broken arm and then a broken neck, I was amazed and in awe at the sister-hood that is CWL. Unable to finish packing for my renovations and CWL sisters STEPPED UP and helped me out. I truly couldn't have survived without all the help.

Not only did they help me with packing but the executive STEPPED UP and prepared and chaired meetings and kept things going. It was a comfort to know that the members were being supported and the wheels were still going around.

In the first letter of John there is a passage: "My little children this is the message you have heard from the beginning, that we should love one another". And further along "little children let us love not in word or speech but in truth and action". My husband, Peter was reflecting on these words and posted on Facebook - "Love is the basis of belief in Jesus Christ. Without love you have nothing of much value but without action, the love you have, is not worth much. Rather than say, "I will pray for you hoping that someone else will do something, try to do something yourself." And a friend posted back, "Geez you're a pretty wise person there, Peter, well said. Actions speak louder than words. Words can ring hollow if not backed up with actions."

So with this in mind, let's STEP UP, and do some action in 2023 to support the three pillars of FAITH, SERVICE, and SOCIAL JUSTICE.

*Respectfully Submitted*  
*Pam Wilson*

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## Past President's Message

It is "The best of times and the worst of times" as Dickens once wrote. This is the road we have travel over the last couple of years, as we have transitioned from prayers and zoom meetings to working side by side for social justice and community.

Feelings of JOY and RELEIF filled my heart as once again we met to discuss strategic plans and the future of the CWL.

I have truly enjoyed my years as a St Luke's executive member and encourage everyone to consider joining the new executive or to become a lead chair of a committee for an event or project. We all bring special talents and skills that can contribute to a strong and diverse leadership group. I have learned so much, developed my leadership skills, strengthen my faith and made truly supportive lifelong FRIENDS.

After attending last years CWL Diocesan convention I strongly encourage everyone to attend this years convention May 5<sup>th</sup> and 6<sup>th</sup> in beautiful High River. You will meet awe-inspiring like-minded women and garner an understanding of the wide scope of the CWL

We will cover your registration costs!!

Thank you for your support, kindness and friendship over my years on this CWL journey.

*Respectfully Submitted*

*Karen Bruch*



## Executive Changes

*Thanks to*

Colleen Strueby (*Treasurer*)

Marlene Vierboom (*Communications*)

*Welcome to*

*Recording Secretary* Teresa Armanious

*Treasurer* Christine Stark

*Membership* Susan Wenger





# Recording Secretary

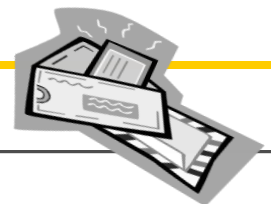
## Motions Carried in 2022

- January 18** Amendments to CWL National Constitution and Bylaws
- Amendment I: Annual Meeting of Members  
Change wording from Convention to Meeting of Members.  
Moved by Evelyn Charchuk, seconded by Marlene Vierboom.
- Amendment III: Officers  
Change President-Elect to Vice President and change Secretary (1 or 2) to Secretary.  
Moved by Marie Byers, seconded by Susan Wenger.
- Amendment IV: Duties of Officers  
Vice-President to serve as President after term as Vice-President.  
Moved by Karen Bruch, seconded by Marlaine Perizzolo.
- Amendment V: Standing Committees  
Change to reflect our core values of Faith, Service and Social Justice.  
Moved by Heather Sentis, seconded by Teresa Armanious.
- Amendment VI: Meetings and Quorums  
Change to allow meetings to be held electronically (via Zoom) in order to keep the League operational in unprecedented times. Moved by Lucille Hagel, seconded by Gina Hindle.
- Amendment VII: Eligibility, Nominations and Elections  
Change terms of elected officers so that they will not exceed 1 full term in the same position except Chairpersons and Treasurer. Chairperson will be given different committee.  
Moved by Monica Taylor, seconded by Chinelo Igbelina.
- Amendment VIII: Eligibility, Nominations and Elections  
Election of Officers in instructed vote to be deemed first ballot.  
Moved by Marlene Vierboom, seconded by Monica Taylor.
- February 20** - to donate \$100.00 to IWIN (I'm Worth It Now) to provide a backpack and its contents at the Diocesan Convention  
Moved by Gina Hindle, seconded by Alexy Fernandes.
- March 15** -to accept the audited 2021 Financial Report as presented.  
Moved by Gina Hindle, seconded by Evelyn Charchuk.
- to accept the 2022 Budget as presented.  
Moved by Salwa Azzam, seconded by Teresa Armanious.
- May 17** - to top-up the Mother's Day Rose Sale in the amount of \$640.00, for a total donation of \$2,500.00 to Calgary Pro Life.  
Moved by Teresa Armanious, seconded by Betty Powell.
- November 15** - to disburse funds (total of \$9,000.00) to various charities as recommended by the Disbursement Committee.  
Moved by Christine Stark, seconded by Judy Duke.
- to provide \$1,062.60 to the Christmas Card Project to cover the increased cost of postage stamps.  
Moved by Sylvia Coppicus, seconded by Karen Bruch.
- to provide a maximum of \$500.00 to cover the cost of the altar servers/youth party requested by Fr. Fernando.  
Moved by Karen Bruch, seconded by Marlene Vierboom.

*Respectfully submitted Teresa Armanious*

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## Corresponding Secretary



Correspondence January 1—December 31, 20212

*During this past year cards were sent to the family of members who were deceased, to members who were sick, and to service pin recipients.*

**Cards Sent - Mass - 23 Sympathy—22 Thinking of You—6 Get Well - 5**

**Service Pin Invitations - 35 Thank You - 5 Christmas - 5**

**Cards /Letters Rec'd - Chalice Children - 2 Thank You - 13**

**Christmas / Other - 2**

**Newsletters/Pamphlets /Magazines - 11**

**Donation Requests - 13**

**Invitations—2**

*Respectfully submitted,*

*Salwa Azzam*

## Communications

Parish Announcements and Bulletins were used  
to communicate with members and

“Faithfully” the Diocese of Calgary weekly emails and Chalice’s monthly reports (how they support children) were sent to our members. We published a January & October Newsletter.



We completed the National CWL Annual Survey as required again this year.

We continued to use ZOOM technology along with in person meetings using COVID distancing into 2022.

**“LUKE’S LINKS”**. *News Flash and News Summary email that encompasses local, provincial and national CWL news for the time of issuance. It is issued on an irregular frequency but typically twice a month. The report has 3 categories: Highlighted Event, St. Luke’s CWL and CWL Diocesan News.*

*In 2022 — 21 Luke’s Links , 7 Luke’s Links Express , 54 Other Communications*  
(Not including special events, honour guard requests and executive communications)

**PORNOGAPHY HURTS** post cards were sent out to all members in early January.

Thank you to our President Pam for sending me communications to include or send out separately!

*Respectfully submitted*

*Marlene Vierboom*

The Catholic Women's League of Canada  
St Luke Council #22  
Treasurer's Annual Report  
January 1 to December 31, 2022

Balance January 1, 2022	<b>\$10,815.85</b>	<u>Charity Donations - 2022</u>	
<b>Revenues:</b>			
Memberships - current year	\$3,850.00	Chalice	\$792.00 *
Memberships - upcoming year	\$40.00	RESET Society	\$1,410.37
Funeral Receptions	\$8,458.96	IWIN	\$100.00
AGM	\$0.00	Mt St Francis Retreat House	\$1,410.37
Garage Sale	\$9,157.49	Stardale Women's Group (basket)	\$50.00
Sale of Convention Tickets	\$0.00	St Luke's Help the Needy	\$1,000.00 *
Sale of ProLife Roses	\$1,860.00	St Luke's Christmas Hampers	\$1,000.00 *
Bottles (Recycling)	\$778.45	Calgary Food Bank	\$500.00
Xmas Market	\$6,796.62	The Veterans Food Bank of Calgary	\$500.00
Donations	\$1,728.00	Fr LaCombe Care Foundation	\$500.00
Adopt-A-Sister	\$76.00	St Joseph Seminary	\$500.00
Nickels for the North	\$6.15	Fresh Start Recovery Centre	\$1,000.00
Sale of Name Tags	\$20.00	Safe Haven Foundation	\$500.00
		St Luke's Parish	\$500.00
<b>Total Revenue</b>	<b>\$32,771.67</b>	Kara Community Advisory Association	\$1,000.00 *
		Elizabeth House	\$1,000.00 *
<b>Expenditures:</b>		Children's Cottage Society	\$500.00
Memberships - current year	\$3,639.75	Ukrainian Resettlement	\$500.00
		Stamped Xmas cards for clients - Drop In Centre & Brenda Stafford Centre	\$1,062.60
Memberships - upcoming year	\$0.00		
General Liability Insurance	\$73.20		
Funeral Reception Expenses	\$4,368.25	<b>Total Donations for 2022</b>	<b>\$13,825.34</b>
Bank Charges & Point-of-Sale	\$284.46		
Mass Cards & Stationery	\$280.00		
Postage & Printing	\$192.15		
Honorariums	\$600.00		
Hospitality	\$101.57		
Zoom	\$210.00		
Service Pins & Name Tags	\$150.50	<b>Funeral Account (Part of General Account)</b>	
Pastor/Office Gifts	\$250.00	Balance January 1, 2022	\$3,749.50
Pastoral Care	\$192.50	<b>Revenues:</b>	
AGM Expenses	\$0.00	Funeral Receptions	\$8,458.96
Garage Sale	\$437.92		
Conventions etc.	\$385.00	<b>Expenditures:</b>	
ProLife Roses	\$2,500.00	Funeral Reception Expenses	\$4,368.25
Bottle Recycling	\$189.00	Donation (Crafty Ladies)	\$300.00
Xmas Market	\$1,193.93		-\$4,668.25
Donation (Crafty Ladies)	\$300.00	2022 Net Income	\$7,540.21
Donation (Kitchen Supplies)	\$0.00		
Scholarship	\$1,000.00	Less Charity Donations*	
Calgary Regional CWL	\$40.00	Chalice	\$792.00
Archives	\$0.00	St Luke's Help the Needy	\$1,000.00
		St Luke's Christmas Hampers	\$1,000.00
<b>Total Expenses</b>	<b>-\$16,388.23</b>	Kara Community Advisory Association	\$1,000.00
		Elizabeth House	\$1,000.00
2022 Net Income	<b>\$27,199.29</b>		-\$4,792.00
Less Charity Donations	<b>-\$13,825.34</b>	Balance December 31, 2022	<b>\$2,748.21</b>
<b>Balance December 31, 2022</b>	<b>\$13,373.95</b>		

Submitted by Christine Stark Jan. 22, 2023





## **Member Appreciation**

***Thank you to these long serving members.***

<b>60 years</b>	<b>Betty Campagne, Lucille Hagel Millie Krenzel, Gisele Lazorko Jacqueline Zacharuk, Marie Zimmer</b>
<b>55 years</b>	<b>Margaret Cook, Bessie Schlemme</b>
<b>50 years</b>	<b>Betty Powell</b>
<b>45 years</b>	<b>Betty Miller</b>
<b>35 years</b>	<b>Ellen Rossi</b>
<b>30 years</b>	<b>Marie Byers, Marilyn Howell Rosalyn Schmidt, Heather Sentis Myrna Slozka</b>
<b>25 years</b>	<b>Carmel Denenfeld, Angela Hinsberger Julie Meilleur</b>
<b>20 years</b>	<b>Rachel Morissette</b>
<b>15 years</b>	<b>Celine Gartner, Patricia Hull Janet Jacques, Karen Kisser Estele Wong</b>
<b>10 years</b>	<b>Alexy Fernandes, Anita Hamrak Danielle Nicole Jacques Joan Wallace</b>
<b>5 years</b>	<b>Chinwe Agu, Terri Jansen Lucille Laliberte, Janet MacDonald Julie Oganwu, Pam Wilson</b>

***The Pin Presentation to these members  
took place in December.***

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## Membership



*Membership forms (including a Prayer Card and Pornography Postcards) were mailed to members. A follow-up reminder was sent by email and a phone call made by the executive to members who had not renewed.*

*Leave No One Behind.*

Membership dues \$25.00 but will increase in 2023 to \$40.00

*Members took part in the Parish Ministry Fair to promote memberships.*

*Do you have a daughter, granddaughter, cousin, niece, or friend who is in need of support and understanding?*

*who needs a venue to act on important social justice issues?*

*who needs an opportunity to be of service in the community, country and to God?*

*who needs a chance to live their faith with those who share it?*

*Consider buying the gift of a membership to CWL. —Adopt a Sister*

*All women 16 years of age or older are welcome.*

*Associate memberships are available to those who are not catholic.*

*Membership forms are also on the bulletin board.*

***Our 2022 council membership was 156***

*In the fall, a short 1 min video was shown prior to the start of Mass*

*“Why CWL?” to promote membership for 2023.*

*It is with sadness that we announce the passing of*

*Rita Andrews at age 105,*

*who was a CWL members for 85 years.*

*(57 years with our council—a Charter Member)*

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# Spiritual Development



St Luke's Parish CWL is a strong and vibrant team of dedicated ladies who demonstrate a commitment to Faith through action in the church and community.

This past year, we have been blessed in coming together and growing and reflecting in our spiritual lives. Through our monthly meetings and activities, we ask the help of the Holy Spirit in full surrender to God. In fulfilling our missions to be the servant of the Lord. Our St. Luke's Church is truly blessed to have such dedicated women who worked tirelessly in the forefront and background of the church's community.

As we continue our spiritual journey in doing God's mission, may the task we do large or small be transformed into something amazing and beautiful by God's grace and our willingness to offer it to Him with love.

**Luke's Links Prayer Corner**—members pray for our sick sisters and brothers.

**Prayer for Seminarians**—we continue to pray for Seminarians Chacko Bennet and Peter An.

**IWIN Prayer Warrior Bracelets & Red Sand Ceremony** - praying for survivors of human trafficking.

January to February : **Synod on Synodality**

**Prayers for Catholic Schools**

February : **Prayers for IWIN (I'm worth it now) with scriptures .**

**Catholic & Living It.**

March : **Was dedicated to Saint Michael the Archangel, and a short reading about Saint**

**Michael was distributed to the CWL sisters.**



**Our members led the Stations of the Cross one Friday in Lent.**

**We had a Zoom Prayer Service for Michael Spavor (in a Chinese prison) who is the son of a deceased member of our council.**

**Mass Card for Fr Vijay on his 10th year Anniversary.**

**Mass Card & Spiritual Bouquet for Fr Fernando's 30th year Anniversary.**



April : **The Days of Holy Week**



**Our Lady of Good Counsel Feast Day**—Mass prayed for our living and deceased members.

May : **100th Anniversary Diocesan Annual Convention Prayer**

June : **Diocesan 100th Anniversary Retreat to Our Lady of the Rockies .**

July : **Pilgrimage to Our Lady of the Rockies Shrine in Canmore, AB**

August 22 to September 26 : **Bible study:** Mary : A Biblical Walk with the Blessed Mother – an 8-part video series featuring Dr. Edward Sri, hosted by St. Mary’s CWL with Fr. Julian. Filmed on location in the Holy Land, this study placed us in the midst of the powerful drama of Mary’s earthly life, taking us through her joys and her sorrows. We learned how Mother Mary works in our lives today, drawing us ever closer to her Divine Son. The Sessions were held via Zoom, from 7:30 – 8:30pm

October : **Prayed the Litany of Humility - Catholic & Living It.**

November : We remembered **our Deceased CWL Sisters with a Memorial Service.**

Led by Our Seminarian Peter An

***Eternal Life Grant Unto Them, O Lord.***

December : May Our Lady of Good Council give us the courage and strength to be our best as we continue in building the Kingdom of God



***Our Lady of Good Counsel, pray for us***

*Respectfully Submitted*

*Joyce Simoes*



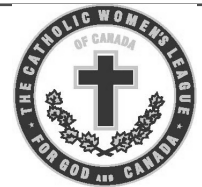
## ***League Prayer***

***We humbly pray you, God our Father,  
to bless the Catholic Women’s League of Canada.  
Bless our beloved country, our homes and families.***

***Send your Holy Spirit upon us  
To give light to our minds and strength to our wills  
That we may know and fulfill your great law of charity.***

***Teach us to share with others, at home and abroad,  
The good things you have given us.***

***This we ask through Our Lord Jesus Christ  
And the intercession of our patroness,  
Our Lady of Good Counsel. Amen.***



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## Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service..

### Core Purpose

Uniting Catholic women to grow in faith, and to promote social justice through service to the church, Canada and the world.

### Core Values

**FAITH** - following Catholic teaching

**SERVICE** - local, national and international

**SOCIAL JUSTICE** - actively involved in society

## COMMITTEE PROJECTS

### Christian Family Life, Community Life, Health, Education

**Pornography Hurts Campaign**—mailed postcards to the government.

**Red Sand Prayer Service**- held after Mass (*Red sand was poured into the cracks on the side -walk entrance to our church*) to remember those who have fallen through the cracks, trapped and enslaved by human traffickers



On Feb 26 - Our president, Pam took part in the fundraiser

**The Coldest Night of the Year** - a win terrific family-friendly walk to raise money for local charities serving people experiencing hurt, hunger and homelessness.

In Feb **Gift Cards** were given to our church clergy to show our appreciation.

Our CWL ladies resumed their **Tuesday Afternoon Work Bees**. These ladies donate handmade items (quilts, blankets, shawls, placemats, etc. )to cancer patients, seniors homes, nursing homes, Purses of Hope, Ukrainian refugees\_ City of Calgary charity “The Magic of Christmas”.

Volunteers helped fill **Backpacks for survivors of IWIN (I'm Worth It Now)**. *The backpacks contained new items, including a change of clothes, toiletry items, a hand-written card of encouragement and a matching bracelet with their CWL volunteer prayer warrior, who promised to pray with them for one year.*



Twelve Prayer Warrior Bracelets were given out to members.



**Easter baskets** were donated to the Stardale Women’s Group for indigenous girls. *Stardale Women’s Group provide positive, supportive environments for indigenous young women and girls, building resilience across generations. The baskets were purchased by volunteers which were forwarded to the Stardale for teenage girls.*

In November, we collected items for **Christmas Stockings** for this same group



**Diocesan Convention**—A group of members made 10 **Hospitality Cards** and 6 ladies from our council attended the convention .



In May we sold **Mother`s Day Roses** in support of **Pro Life** and promoted the virtual “Hike for Life”. The children in the Sacramental Preparation program helped us with our sale.

May 14 Pam Wilson & Karen Bruch attended the **10th Anniversary Celebration of St. Mary’s University Chair** (CWL s raised monies for this chair).

Together with St. Peter’s CWL council, we **donated 26 Handmade Shawls** to **Father Lacombe Centre**.



We continue to **Sponsor our 2 children** thru Chalice and **Donate Proceeds** from our quilt raffle to RESET (Servants Anonymous) and Mt St. Francis.

**Nov—Collected New and Used Cards, pens & stickers.** New Christmas cards were given to various shelters (postage included) so that residents might contact a family member or friend. Old cards were donated to Mission Council.



**Christmas Market Fundraiser**—December 3.

In early December members **Wrapped Gifts** (gloves, mitts, torques, \$10.00 gift card) for the **Feed the Hungry** guests.



**Care to Share**—**Collected unwrapped gifts for Magic of Christmas**, These gifts are delivered by Elves from city buses on Christmas Eve to needy Calgarians.

***May we be faithful to our League Prayer,  
Always aware of the needs of others and seek justice for all,  
With love. Amen***

## Scholarship / Book Club



The Virginia Klatzel Scholarship was founded in 2014 and was named after our First Council President.

One thousand dollars was given out to a post-secondary student who graduated from High School and is related to a Council member in good standing.

St. Luke's CWL Scholarship Committee awards the scholarship.

### St. Luke's CWL 2022

#### Virginia Klatzel Scholarship



They came in at the eleventh hour, but the committee did receive four applications for the CWL scholarship, though one was deemed ineligible.

The recipient of the 2022 Virginia Klatzel scholarship, a \$1,000 award, was **Rachelle Hamrak**, whose grandmother Myrna Kornak and mother Anita Hamrak are St. Luke's CWL members.

As always, we encourage the ladies of the St. Luke's CWL to remind their family members that the scholarship is available and to apply.

*Rita Mingo Johnson*

*for*

*Cristina Marcil*

*Charlotte DiLeandro*

### CWL BOOK CLUB 2022



With Covid restrictions lifted, we were able to meet on all five scheduled dates in 2022. In 2023, we will meet in February, April, June, September and November. Meetings are held at 1 pm in Room 1 and, as always, titles/times/dates are noted at general meetings and in the minutes. All members are welcome to join us.

We have read and discussed fifty books over the twelve years that we have been meeting. During that time, two Canadian authors have joined us to discuss their books.

Thanks again to the wonderful ladies who faithfully attend book club meetings. Our discussions are always interesting and every opinion is respected and valued. As avid readers, we bond in our mutual love of reading and having the opportunity to discuss each selection.

*Respectfully submitted,*

*Lorraine Maduck*

## Meetings

Meetings were held via ZOOM and some in-person

*We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the indigenous peoples and is common home to everyone in virtue of our Creator's gracious gift.*

**January**—General Meeting—Guest Speakers **Father Adrian Martens**, Episcopal Vicar for Lay Groups and District Chaplain of the Calgary Catholic School District &

**Michelle Hoogevelt**, District Chaplain for the Calgary Catholic School District, spoke on *What Catholic Education is and how the Catholic School Board is implementing the call of the Church in Catholic Education.*

**CWL National Reports completed & submitted.**

**Vote taken on Notice of Motions of Amendments to Constitution and Bylaws.**

**February** - Annual General Meeting & Brunch - Guest Speakers—

**Kristin Fuhrman (founder), Paul Rudner, Krista Goranson**

**IWIN (I'm Worth It Now)** speakers gave an inspiring presentation on working with human investigators, providing backpacks to survivors of human trafficking who are entering a wrap-around program to support them emotionally, physically and spiritually. CWL members were asked to be a volunteer prayer warrior to support the survivor through prayer.

We participated in a Red Sand Prayer Service.

**March** - GM— Guest speaker- **Norma Webb, RN**, delivered a fascinating presentation about **her work in Goad Haven, Nunavut**, where she spent a total of fourteen weeks on two separate occasions as a home care nurse. She works in a Calgary doctor's office.

**May**—General Meeting—Guest Speaker—**Robin Yeast**, a local landscape and garden expert spoke to members about plant selection and garden design for the Calgary area. She demonstrated how to arrange plants in outdoor pots. She owns her own landscaping business.

**We had a plant exchange.**

**June** - **Held an In-Person Wine & Cheese Welcome to New Members.**



**At the National Convention a motion passed to increase the per capita dues from \$ 12. to \$ 25.**

**October 20 –Sunday -Evan Strong**, owner of Evan J. Strong Funeral Home, hosted a presentation at his N.E. Calgary location, on the pros and cons of pre-planning versus planning a funeral, ending with a tour of the facility. He provided printed information on funerals and managing an estate.

**November**—GM—**we held an Memorial for our 16 Deceased Members.**

**Led by seminarian Peter An.**



**Collected items for Christmas Stockings.**



**December** Presented Service Pins to 35 members, followed by a Christmas social.

*Thank you to those members who acted a meeting greeters  
and provided hospitality*

*Respectfully submitted  
Evelyn Charchuk, Gina Hindle*



# Parish Activities



Our CWL members volunteer in many of the church ministries. They act as greeters, ushers, reader, altar servers, reception volunteers, etc.

Members work in the **Pastoral Care** ministry - both for home visitation and at residences, Edgemont Retirement & Varsity Manor (*Mass/Prayer Service*). In Sept they began a service at Scenic Grande. Several CWL members live there.

**Funeral Lunches**—this year we served 29.



*To serve is to love.*



## July— Stampede Breakfast

This parish activity involves the CWL, Knights of Columbus & the Pastoral Council members. On the first Sunday of Stampede Week, we serve a sausage and pancake breakfast after the 8:30 and 10:30 Masses. **YAHOO!**



## Ignite Alta - Summer Camp July 12 to July 15.

*Ignite is a Catholic summer camp for teens desiring to grow in holiness. It is an incredible week with excellent talks, amazing people, daily Mass, epic large group activities, Reconciliation, Adoration, praise and worship, and much more! Youth will grow in the knowledge of Christ and the Church and be empowered to go forward while striving to be a modern-day saint.*

**Our members were asked to provide muffins, cookies and squares for snack time and to help with meal prep and service.**

## Coffee Sunday – Hospitality

*Our council started this ministry back in 1986 as a chance for parishioners to get to know one another. **Thanks** to all who have volunteered over these many, many years.*

***In November we held our only Coffee Sunday this year. Come the new year we hope to have regular monthly Coffee Sundays.***



## In October , we hosted the Diocesan Bereavement Support & Care Training Session.

**Care- to Share** – our parishioners are so very generous when we collect unwrapped Christmas gifts for the city of Calgary charity , “Magic of Christmas, “



**Christmas Card Collection** – for charities We collect cards, both new and old, for distribution to Calgary’s shelters at Christmas time. Our council provides some postage. This year the used cards are donated to Mission Council, whose members redesign them for sale.



**At our Christmas Market we sold missals this year for the parish.**

**Youth Christmas Party**— at the request of Fr Fernando. Our council provided a wrapped gift for the children and helped with a Christmas Party.



# Funeral Receptions

In March of this year, our council resumed the offer of serving a reception in the parish center, following a funeral for members of St. Luke's parish. Volunteers served from the buffet table and wore face masks.

In 2022 we served 29 funeral receptions.

We serve sandwiches, pickles, cheese trays, vegetables trays, fruit trays, squares, tea, coffee, & juice. We also offer a fruit bread, cheese, fruit plates and squares, as a suggested menu for an afternoon funeral.

The families of the deceased are most appreciative of this service, and most are generous with their donations. We ask \$6.00 per person for this service -- depending on family means. After our costs plus \$25.00 given to the church for every funeral (to cover the costs of coffee etc.), the remaining monies are donated to charity (presently we support 2 young people through Chalice).

I thank the four teams, who so willingly give of their time and energy to this cause and to the ladies who do the table set-up for each funeral.

More volunteers are always welcome and anyone wishing to help serve.



## Special Thanks to Lil Gelowitz

who has for many years led this ministry.



## Honour Guard

At the request of family members of a deceased League Sister, we are always willing to form an Honour Guard at her funeral. It is a privilege and honour to provide this final tribute to one of our Sisters.



This year, 2022, we did several Honour Guards and at our Remembrance Prayer Service on **November 15th**, we remembered and honoured 16 of our deceased Sisters from 2019, 2021 and 2022.

Thank you to the many members who so willingly and freely give of your time serving in this meaningful ministry. Any member with a current membership is welcome to join our Honour Guards. Members receive notification by e-mail or those who wish to be contacted by a phone call receive a call from Marg, our phoner.

Please contact me if you wish to join or have questions: 403-239-2468

or e-mail [j-kmccoll@shaw.ca](mailto:j-kmccoll@shaw.ca)

**Respectfully submitted,**

**Jean. McColl**

*In Our Book of Life we remember and pray for these CWL Sisters.*

*Leona Ona Trudel (2019)*

*Charoette Foord (2021)*

*Doris Williamson (2021)*

*Mary Ellen Jones*

*Norma O'Hare*

*Dorothy Schumaker*

*Connie Giammarino*

*Florence Oberhofer*

*Nadean Meyer*

*Helen Siong*

*Rita Andrews*

*May their souls and all the souls of the faithful departed rest in peace.*



## Garage Sale – April 23, 2022

This major fundraiser requires many hands & our members always step forward to help.

Led by Pam Wilson and Christine Stark, it was once again a huge success. The leftover “goodies” are donated to Calgary Interfaith Furniture Store. This year some jewelry items were donated to Jewels for a JEWEL” (a women’s charity group).

### Garage Sale Proceeds

**Total Deposits** \$ 5,312.49

**Expenses:**

**Set up (Polmax) \$ 52.50**

**Sign (Outside) \$ 168.00**

**Snacks/Lunch \$ 67.42**

**Total Expenses** \$ 287.92

**Income** \$ 5,024.57



## Caring for Our Common Home

### Bottle Drive June 25, 2022



This recycling event was held on Saturday from 10:00 am—Noon in the church parking lot.

The total amount raised was \$ 563.25.

**Thank you** to all the volunteers who helped make the event a success!

And **Thank You** to all our parishioners who donated their bottles.

Parishioners continue to donate at Bottle Deport (Bowness) directly by asking that your donation go to St. Lukes.

*Respectfully submitted*

*Marlene Vierboom*

# Christmas Market



We held our second Christmas Market on Saturday, December 3 in the church MPR from 9:30 am—3:30 pm

## Table sales

<b>Bake Sales</b>	<b>\$ 1,109.22</b>
<b>Pie Sales</b>	<b>603.26</b>
<b>Craft Sales</b>	<b>790.17</b>
<b>Quilt Raffle</b>	<b>2,412.09</b>
<b>Art Table</b>	<b>20.00</b>
<b>Baskets</b>	<b>533.41</b>
<b>Coffee Bar</b>	<b>3.02</b>

## Table rentals

8 in total—various items **455.00**

## Donations

**100.00**

**\$ 6,026.17**

## Expenses

Outdoor Sign **<267.75>**

Cleaning **<144.38>**

## Total Income

**\$ 5,614.04**

**Thank you to the CWL Section Leads listed below and to all the volunteers who help make this event a success!**

*Pies – Lil G., Bake Sale – Karen B./Betty P., Craft Sale – Sylvia C.,*

*Quilt Raffle – Lucille L., Art Sales – Pam W., Coffee Bar – Janet J.,*

*Missal Sales – Marie B. Basket Raffle – Marlene V.*

*Respectfully Submitted,*

*Marlene Vierboom*

**Because of these very successful fundraisers,  
our council donated over \$13,000.00  
to charities this year.**

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# 100th Diocesan Convention

Calgary Region (North Councils) hosted the 100th Calgary Diocesan Convention

April 29-May 1



Premier Best Western Calgary Plaza Hotel & Conference Centre

The Diocesan Convention is a business, social and spiritual assembly of Catholic women, spiritual advisors, and guests. It is a celebration of the work accomplished by the League in the past year, where members meet old friends, make new ones and gain knowledge from speakers and the workshops presented.

I along with 6 other members of St Luke's council attended the 100<sup>th</sup> anniversary .

Calgary Diocesan convention this year after a 2-year COVID induced hiatus from celebrating our accomplishments and faith. 175 members, Spiritual Advisors and guests were present.

How enlighten we were after our 4 speaker's presentations:

Carol Hollywood, Archivist for the Roman Catholic Diocese of Calgary spoke on "From the Buffalo to the Cross? Reflecting on our diocesan history after Kamloops"

Helen McPhaden, Executive Director and founder of Stardale Women's Group spoke on "Honouring the Girls' Stories." Two program participants shared their stories.

Cathy Bouchard, National 2nd Vice President and Spiritual Development Chairperson, spoke on 'Catholic and Living It! Our Baptismal Call.'

Michael Chiasson, Founder of Access52 and Chiasson Group, gave a presentation on His work, titled "Because of You!"

On Saturday April 30<sup>th</sup> We began with the Memorial Service for deceased members and spiritual advisors who have gone before us. We thank God for the gifts they shared with us.

Minutes of the 99th Annual Meeting of Members - May 1, 2021 were approved.

Alberta Mackenzie Provincial President Judy Look brought greetings.

The ANNUAL REPORTS Booklet. Can be read at the following link.

<https://www.calgarycwl.ca/conventions/calgary-conventions/2023/833-diocesan-convention-2022>

Members of the 100th Anniversary Planning Committee entertained delegates with the skit: Let the League Live On!

The Instructed Votes for the National Per Capita Fee increase, amendments to the Constitution & Bylaws (2013),

Nominations for Alberta Mackenzie Provincial Officers, and election of Officers for Calgary Diocesan Council were conducted.

A Eucharistic Celebration took place at St. Mark's Church during their regular Mass. Bishop McGrattan was main celebrant and homilist. Installation of the 2022-23 Diocesan Officers followed. The evening concluded with the Gala Banquet at the hotel.

Please join us For the Next Diocesan Convention May 5 – 6<sup>th</sup> 2023 in High River.

*Respectfully Submitted*

*Karen Bruch*

Calgary Regional Chair

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**Welcome to our new Diocesan officers:**

President - Renee Spohn

President Elect/Organization - Kathleen Winter

Vice-President/Spiritual Development - Theresa Duncan

Secretary - Anthea Berdan

Treasurer Julie Rose - Julie Rose

Past President / Archives - Jan Myhre

Christian Family Life - Dr. Rose Geonzon

Community Life - Consuelo E. Munar

Education & Health - Margaret Inkster

Communications - Gail Poshtar

Legislation - Dorothy Boras

**Convention Prayer**

**God, our Divine Creator,  
you build the house which shelters our sisterhood.  
We live and prosper peacefully in Canada. Your love endures forever.  
We are nourished by You, the Bread of Life.  
Every night, we rest in comfort and protection.  
Each morning, we awake to Your call for us.  
Your Holy Spirit dwells in our hearts guiding our journey together.  
Not one step is taken alone, as daily we choose to walk with Jesus.  
Your love endures forever.  
With the grace of Our Lady of Good Counsel, we are united  
as Catholic women in faith to serve and fulfill Your will here on earth.  
We praise Your holy name!  
You have blessed us for one hundred years.  
Make Your home within us, as we continue to see Jesus in others  
so they too will know  
Your love endures forever.  
We lift up our prayer to You Lord, Giver of Life. Amen**

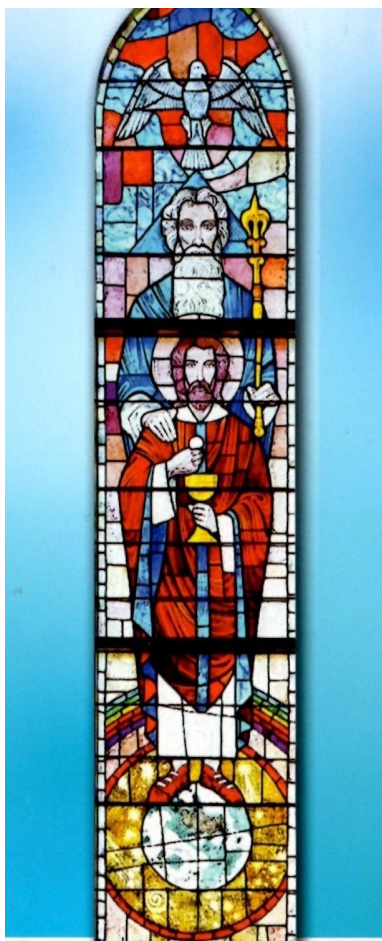
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As we leave 2022, we were once again able to meet in person with our CWL sisters.

**Celebrating 100 years of Women's Ministry 1921—2021**

*May Our Lady of Good Counsel  
guide and inspire us in this coming year.*

## **Catholic and Living it** **2022-2023 CWL National Theme**



*Loving Father, open our hearts to your infinite love for all people, and to your presence with us wherever we go in your name. Lord Jesus, deepen the spiritual life of the Catholic Women's League. Strengthen the faith and good works of our members, building-up life in the world by being **Catholic and Living It!** May we imitate you with works of mercy, welcoming the forgotten, suffering or vulnerable wherever we encounter them. Holy Spirit, strengthen us to live our faith, witnessing to life, peace and social justice daily wherever we are in Canada. Through the intercession of Our Lady of Good Counsel, may we be joyful and responsive to our Christian calling, by truly being Catholic and Living It! We make this prayer through Jesus, our Teacher and Messiah, who lives and reigns with the Father and the Holy Spirit, forever and ever.*

*Amen.*