

DIOCESAN SUNDAY UPDATES

Corpus Christi Sunday

40 Hours Devotion for Vocations

Join the 40 Hours Devotion for Vocations in the Diocese of Calgary. When:

- [St. Martha's Parish, Lethbridge](#) - **Thu, Jun 18 at 6 pm to Sat, Jun 20 at 10 am.**
- **NEW!** [Shrine Church of Our Lady of the Rockies](#) - **Fri, Jul 03 at 3pm to Sun, Jul 05 at 7am.**

This time of prayer before the Blessed Sacrament invites the faithful to pray continuously for an increase in vocations to the priesthood and consecrated life. All are welcome to come for an hour or more.

Center for Spiritual Life

Join this monthly gathering for contemplative prayer (in Spanish), beginning with Mass and continuing in John Paul II Hall, to quiet the heart and discern God's will in daily life. When: **Tue, Jun 23, from 7 pm to 8:30 pm at Mary, Mother of the Redeemer Parish, Calgary.** For more information, call 403-800-6108 or contact Mary, Mother of the Redeemer Parish at 403-276-1689.

Catholic Family Life Conference

Catholic Family Ministries invites families to the 28th Catholic Family Life Conference, with the theme "The Holy Family - Divine Mercy." When: **Fri, Jul 3 to Mon, Jul 6 at Lac Ste. Anne, AB.** Speakers include Fr. Chris Alar, MIC, Fr. Mike Bombak, Dr. Ryan Topping, Fr. LaGrange, Abp. Stephen Hero, and Fr. Paul Moret, with music ministry and children's and youth ministries available. Early bird registration ends Sun, May 31.

Register at catholicfamilyministries.com or call 780-920-7878.

Alive in the Spirit Charismatic Retreat

Experience renewal, joy, and the power of the Holy Spirit at this charismatic retreat, featuring retreat speaker Fr. Guylain Prince and praise and worship led by Jane van Oostwaard. When: **Fri, Jun 12 at 5 pm to Sun, Jun 14 at 1 pm at Mount St. Francis Retreat Centre, Cochrane.** Cost is \$230 per person, including accommodation and six meals, plus a \$20 registration fee. To register, contact 403-281-6025 or email aliveinthespirit2026@gmail.com.

African Thanksgiving Mass

The African communities in the Diocese of Calgary invite all to their Thanksgiving Mass, celebrated by Bishop William T. McGrattan. When: **Sun, Jun 21, at 12:30 pm at St. Michael Catholic Community, Calgary.**

Catholic Grandparents Group

St. Albert the Great's Catholic Grandparents Group invites grandparents to gather monthly for support, fellowship, and encouragement as they help raise their grandchildren in the Catholic faith. When: **Thu, Jun 11, at 10 am at St. Albert the Great Parish, Calgary.** The group meets in the parish basement, St. Albert Room, on the second Thursday of the month.

Mary's Stampede BreakFEST

Bring your family, friends, and Stampede spirit for a free pancake breakfast with live entertainment, face painting, marketplace, and community hospitality. When: **Wed, Jul**

8, from 9 am to 11 am at St. Mary's University, Calgary. Parking is limited, so guests are encouraged to take the train to Fish Creek-Lacombe Station. For more information, contact communications@stmu.ca or 403-254-3706.

Star of the North Young Adult Conference

Young adults ages 18 to 35 are invited to a weekend of prayer, connection, conversation, and renewal, honouring the 200th anniversary of the Oblates of Mary Immaculate. When: **Thu, Jul 16 to Sun, Jul 19 at Star of the North Retreat Centre, St. Albert.** Oblate priests and bishops will serve as presenters and be present for conversation, prayer, and community. Register at starofthenorth.ca.

Solemnity of the Sacred Heart of Jesus

You are invited to celebrate the Solemnity of the Most Sacred Heart of Jesus with Bishop McGrattan. When: **Fri, Jun 12 at 5 pm at St. Mary's Cathedral, Calgary.** This day is also the World Day of Prayer for the Sanctification of Priests, when Catholics worldwide are invited to pray for priests and their ministry.

[Download graphic/poster here.](#)

Cemetery Masses

Bishop McGrattan will celebrate Masses for the souls of the deceased buried at our

Catholic cemeteries in Calgary and area. All are welcome!

- **Tue, Aug 25, at 7 pm** at Mountain View Cemetery Chapel;
- **Wed, Aug 26, at 7 pm** at Edenbrook Cemetery Chapel;
- **Tue, Sep 1, at 7 pm** at Queen's Park (outdoor); and
- **Wed, Sep 2, at 7 pm** at St Mary's Cemetery (outdoor)

[Download graphic/poster here.](#)

Career Opportunities

- [Assistant Coord. \(Casual\) - Feed the Hungry](#)
- [Operations & Wedding Coord.\(Part-time\) - St. Mary's Cathedral, Calgary](#)
- [Volunteer Screening Coord. \(Casual\) - Paroisse Ste-Famille, Calgary](#)
- [Music Director \(Casual\) - St. James, Calgary](#)
- [Administrative Assistant \(Part-time\) - St. Augustine/St. Joseph, Taber](#)
- [Administrative Assistant \(Full-time\) - St. Pius X, Calgary](#)
- [Summer Student - Events, Volunteers & Fundraising Support - Calgary Catholic Education Foundation](#)

For detailed job descriptions, visit catholiccycc.ca/careers

Anointing of the Sick

If you are hospitalized in Calgary and want the Sacrament of the Sick, please call **403-231-9505**.

Corpus Christi Sunday



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:
[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#)

Full schedule of Parish Livestream Masses:
<https://www.catholiccyc.ca/livestreammass.html> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

Resources

- [Spiritual Resources](#)
- [Online Formation Opportunities](#)

Children's resources this Sunday

- [Kid's Bulletin this Sunday](#)
- [Colouring Page this Sunday](#)
- [Explore the Sunday Gospel at 52sundays.com](#)
- [Sunday Connection this Sunday \(Gr. 1-8\)](#)
- [Children's Liturgy of the Word | Activity Sheet](#)

More Resources & Events

1. [Sunday Bulletin shorts](#) :

(This passage contains the beautiful summary of the saving message of the Gospel in John 3:16: a good verse to commit to memory!) In the encounter with Nicodemus, Jesus clarifies the contrasts between God and the world, between above and below, between the infinite and the finite, the absolute and the created. God forgives through the Son, not punishes; God accompanies in the Son, and does not reject; God draws closer to us in Jesus. God does not withdraw. God saves in the Lord Jesus, instead of condemning.

- Why do you think each of today's readings is chosen for Trinity Sunday?

For more news/events, visit catholiccyc.ca/news

- What other contrasts can you think of between humanity and divinity?
(Reflection: Diocese of Saskatoon)

2. Resources for children

- [Kid's Bulletin this Sunday](#)
- [Colouring Page this Sunday](#)
- [Explore the Sunday Gospel at 52sundays.com](#)
- [Sunday Connection this Sunday \(Gr. 1-8\)](#)
- [Children's Liturgy of the Word | Activity Sheet](#)

3. Catholic Family Conference 2026

Catholic Family Ministries invites families to the 28th Catholic Family Life Conference, with the theme "The Holy Family - Divine Mercy." When: **Fri, Jul 3 to Mon, Jul 6 at Lac Ste. Anne, AB.** Speakers include Fr. Chris Alar, MIC, Fr. Mike Bombak, Dr. Ryan Topping, Fr. LaGrange, Abp. Stephen Hero, and Fr. Paul Moret, with music ministry and children's and youth ministries available. Early bird registration ends Sun, May 31. Register at catholicfamilyministries.com or call 780-920-7878.

[Download Poster](#)

4. [Sacred Heart Church Annual Golf Tournament Fundraiser](#)

Join Sacred Heart Church for the 9th Annual Golf Tournament Fundraiser on **July 11 from 12pm-10pm!** Enjoy 18 holes of championship golf with cart, a tee gift bag, chef-prepared meal, awards ceremony, and a \$50 tax receipt. Take part in fun contests, a 50/50 raffle, and prize draws while supporting a great cause. Register before June 1 for a chance to win two tickets to the June 20, 2026, Cowboy Town Concert.

5. [Triumph Retreat](#)

Triumph Retreat is a facilitated nine-day retreat from **July 24 – August 1, 2026** held at the **FCJ Christian Life Centre**. Rooted in the spirituality of St. Thérèse of Lisieux and St. Ignatius of Loyola, Sacred Scripture, and Catholic Tradition, Triumph is designed to bring healing and spiritual growth to the wounded places of our hearts. Experience daily Adoration, the Rosary, Mass, Confession, inspiring teachings, and prayerful solitude as you embark on a life-changing journey of inner healing and transformation. Discover more deeply the truth of who God is and who you are, and encounter the healing love and freedom Christ desires for you.

6. African Thanksgiving Mass

The African communities in the Diocese of Calgary invite all to their Thanksgiving Mass, celebrated by Bishop William T. McGrattan. When: **Sun, Jun 21, at 12:30 pm at St. Michael Catholic Community, Calgary.** Participating communities include: Blessed Iwene Tansi Nigerian Community, Cameroon Catholic Community, South Sudanese Catholic Community, and Eritrean Catholic Community. All are welcome!

[Download poster](#)

7. Calendar Highlights

- **Sat, May 30 - Jun 27** - [Formación del Ministerio de la Pastoral de la Salud](#) - Mary, Mother of the Redeemer, Calgary
- **Thu, Jun 11 (every second Thursday)** - [St. Albert the Great Catholic Grandparents Group](#) - St. Albert the Great, Calgary
- **Fri, Jun 12 - Sun, Jun 14** - [Alive in the Spirit Charismatic Retreat](#) - Mount St. Francis Retreat Centre, Cochrane
- **Sun, Jun 21** - [African Thanksgiving Mass 2026](#) - St. Michael's, Calgary
- **Tue, Jun 23 (every 4th Tuesday)** - [Contemplative Prayer for Lay People \(in Spanish\)](#) - Mary, Mother of the Redeemer, Calgary
- **Thu, Jul 2** - [C.O.R.E. \(Courage in the Ordinary and Real Experiences\)](#) - FCJ Retreat Centre, Calgary
- **Thu, Jul 3 - Sun, Jul 5** - [40 Hours Devotion for Vocations](#) - Our Lady of the Rockies, Canmore
- **Fri, July 3 - Mon, July 6** - [Catholic Family Conference](#), Lac Ste. Anne, AB
- **Tue, Jul 7** - [Visio Divina](#) - FCJ Centre, Calgary
- **Wed, Jul 8** - [Mary's Stampede BreakFEST](#) - St. Mary's University, Calgary
- **Sat, Jul 11** - [Sacred Heart 9th Annual Golf Tournament Fundraiser](#) - Strathmore Golf Club, Strathmore
- **Thu, Jul 16 - Sun, Jul 19** - [Young Adult Conference](#), Star of the North Retreat House, St. Albert
- **Fri, Jul 24 - Sat, Aug 1** - [Triumph Retreat](#) - FCJ Centre, Calgary
- **Wed, Aug 5 - Fri, Aug 7** - [Junior Ignite - Catholic Summer Camp](#) - St. Mary's University, Calgary

To submit your parish/lay association events, submit your events (poster and event description) to communications@calgarydiocese.ca

Worth sharing

Together in Action

Together in Action supports diocesan ministries and programs in the 68 parishes across southern Alberta. It helps us to carry out the mission of Christ through His Church. [More info here.](#)

Loreto Crypt

The Diocese of Calgary is pleased to announce the opening of the Loreto Crypt at Queen's Park Cemetery (3219 4 St NW, Calgary), a permanent, above-ground

mausoleum offering a dignified resting place for babies lost through miscarriage before 20 weeks of gestation. The crypt is open to all families, Catholic and non-Catholic. More information at catholiccycc.ca/loretocrypt or call 403-218-5521.

Feed the Hungry - Volunteer, Donate, or Sponsor a Sunday

Take part in the spirit of generosity and giving. Let's feed the hungry in Calgary, one Sunday at a time. We invite you to

volunteer, donate, or sponsor one Sunday dinner. [More info here.](#)

Break the cycle. Talk about it.

Perhaps you are a sexual abuse survivor, a relative or a friend of someone who was abused. Talk to someone or call our toll-free number to help you break the cycle of silence. Visit catholicyc.ca/talkaboutit

Bishops of Canada deepen commitments for healing and reconciliation

Recently, the Canadian Conference of Catholic Bishops (CCCCB), gathered in the Plenary Assembly and agreed upon a series of next steps related to the painful legacy of residential schools. This work builds on previous commitments to promote access to records, educate clergy on Indigenous cultures and spirituality, and contribute \$30 million to healing and reconciliation initiatives across Canada. Read more at cccb.ca

Faith Formation Courses

These formation opportunities will help you with your faith journey and to help you grow closer to Christ. Find a list of webinars and courses on our diocesan website [here](#).

Catechesis webinar recordings from CCCB

The webinar recordings, PowerPoint presentations and guides for reflections are available [here on the CCCB website](#). They represent a rich collection of resources that can be used in diocesan/eparchial and parish settings for the formation of catechists and leaders in evangelization. Past Webinars:

- [Directory for Catechesis](#)

- [Nurturing Friendship: The Directory for Catechesis in Dialogue with the Encyclical Letter Fratelli Tutti](#)
- [Encounters of Hope: The Process Of Evangelization In Our Daily Lives](#)
- [For a Synodal Church: Communion, Participation and Mission](#)

Follow us on Social Media

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Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#) | [Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCCB Daily Readings](#) (pick the desired date)

Livestreams

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at: <https://www.catholicyc.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 and 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

Sunday Offering

Our parish relies on your Sunday offerings for maintenance and growth. By making your pre-authorized offertory gift, you are providing crucial support to care for your parish. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit card. Funds donated will be transferred to the selected parish. Give now at catholicyc.ca/donatetoparish [or contact your Parish to set up a direct debit deposit].

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Subscribe to *Faithfully*

If you haven't already, please subscribe to the [Diocesan publication Faithfully](#) - to keep you updated with what's happening in our Diocese. Faithfully gives a snapshot of faith at work in the lives of everyday people in our Diocese and provide us with opportunities to spread the Good News of Christ beyond the walls of our churches. A new release is coming up this Monday! To subscribe, [click here](#).

