

January 2023

St. Luke's Catholic Women's League

NEWSLETTER



2023 Executive Team

President:

Pam Wilson

Past-President:

Karen Bruch

Treasurer:

Christine Stark

Secretary:

Teresa Armanious

Corresponding Secretary:

Salwa Azzam

Faith Chair:

Joyce Simoes

Service Chairs:

Salwa Azzam

Alexy Fernandes

Social Justice

Chairs:

Evelyn Charchuk

Gina Hindle

Luke's Links:

Marlene Vierboom

Membership Chair:

Susan Wenger

Vacancies:

Vice-President



COMPANIONS ON THE JOURNEY

We are companions on the journey,
breaking bread and sharing life;
and in the love we bear is the hope we share for
we believe in the love of our God

**We all need
companions
in our journey
of faith.**

Message from President

As we begin 2023 let us all reflect on things we are grateful for. It is something I try to do everyday. Writing it down makes it more real for me. How about you?

One of the things I'm most grateful for is the CWL sisters. All the support that I had throughout 2022 really means a lot to me and my husband, Peter.

I'm into my fourth year as president and with all the members we have at St. Luke's I'm asking for your help. We need more members to participate in events and projects. Our membership is older and these ladies have given of their time and talent. It is now time for others to STEP UP as you can and participate in a project or two. You never know what benefits you will receive by helping out and STEPPING UP.

Will you STEP UP when asked to help out or even better volunteer when a call comes for a sub-committee that falls under our new standing committees of FAITH, SERVICE and SOCIAL JUSTICE.

I pray that you listen to the words in your heart and STEP UP.

Blessings to you all for a prosperous New Year.
Pam Wilson

A National Sisterhood



WELCOMING PROGRAM

Associations are only as strong as their member base. Members are the League's greatest asset, and it is through their actions that League Objectives are achieved. The responsibility for welcoming does not fall solely on the CWL council president.

- ◆ The League has the potential to offer Catholic women a real sense of fulfillment. The essential elements to that fulfillment are acknowledgement, acceptance, affirmation and validation.
- ◆ It is important to let members know their service to the League is noticed, needed and valued. Yes, all the glory goes to God, but we are His hands on earth. It is up to us to celebrate how God has worked in our lives. The fundamental elements to the processes and procedures of **acknowledgement, acceptance, affirmation and validation** are prayer and celebration.

LEAVE NO MEMBER BEHIND: Members are encouraged to bring their ideas and suggestions forward and become involved in the decision making. Phone calls and personal emails are only two ways to connect with members. Are you willing to have the general St. Luke's CWL membership have access to your contact information? If so please indicate in your membership form. By doing this the **LEAVE NO MEMBER BEHIND** can be successful.

DO YOU HAVE A NAME BADGE? Not everyone will be able to connect your name to your face. With over 150 members at St. Luke's, as president, I know all the names but don't know all the faces to go with them. It would be so nice to see a name badge and be able to say, "Hi Sally, my name is Pam" instead of just "Hi", my name is Pam.

Consider ordering a name badge on the membership form.

My Prayer for you:

I pray that God's love will fill your heart today and bring you peace and satisfaction. May your relationship with Him bring healing and restoration to every part of your life.

TRIVIA CORNER

1. When did the St. Luke's CWL charter begin?
 2. Who was St. Luke's first president?
 3. Who founded the Catholic Women's League? (hint not in Canada)
 4. What year was the CWL established in Alberta?
 5. When was the CWL federally incorporated in Canada?
- (Answers on page 4)

SERVICE PIN AWARDS

On Sunday, December 11, 2022, we celebrated the time and talent that 35 members gave to the League. We congratulate them on a total of 990 years of service.

Front (L-R): Jackie Zacharuk, Betty Miller, Janet MacDonald, Marg Cook, Terri Jansen, Estele Wong, Pam Wilson, Patricia Hull, Heather Sentis, Betty Powell

Middle (L-R): Chinwe Agu, Celine Gartner, Myrna Slozka, Gisele Lazorko, Betty Campagne, Karen Kisser, Marie Byers, Lucille Hagel

Back (L-R): Rosalyn Schmidt, Angela Hinsberger, Julie Meilleur

Missing: Lucille Laliberte, Alexy Fernandes, Anita Hamrak, Danielle Jacques, Joan Wallace, Janet Jacques, Rachel Morissette, Carmel Denenfeld, Marilyn Howell, Ellen Rossi, Bessie Schlemme, Millie Krenzel, Marie Zimmer



CONGRATULATIONS

CHRISTMAS MARKET

December 3, 2022 marked our CHRISTMAS MARKET. We were able to once again have a bake sale, craft sale and quilt raffle. We had outside vendors this year and everyone had a great time listening to Christmas music and picking up a last minute gift for loved ones. We had a coffee bar this year which was delightful to grab a cup of hot chocolate and buy a snack from the bake table.



WE REMEMBER

November 15, 2022 we remembered and honoured CWL members who have passed away.

Eternal rest grant unto them O Lord. And let perpetual light shine upon them.

May the soul of the faithful departed through the mercy of God rest in peace. Amen

Mary Christe (1918-2019)	Leona "Ona" Trudel (1936-2019)	Doris Williamson (1930-2021)
Charlotte Foord (1936-2021)	Jean Gaucher (1940-2021)	Mary Forkheim (1928-2021)
Elaine Taylor (1937-2021)	Maria Kotowski (1936- 2022)	Florence Oberhofer (1931-2022)
Nadean Meyer (1931-2022)	Norma O'Hare (1934-2022)	Concette Giammarino (1930-2022)
Mary Ellen Jones (1933-2022)	Helen Siong (1944-2022)	Dorothy Schumaker (1937-2022)
	Rita Andrews (1917-2022)	



Upcoming events:

- ◆ January 17 - General Meeting of Members 7:45pm in Multi-Purpose Room
- ◆ February 6 - Regional Meeting 7:30pm Holy Name, 2223 - 34th Street SW
- ◆ February 7 - Executive Meeting 7:45pm in Multi-Purpose Room
- ◆ February 26 - Annual General Meeting of Members at 9:45am with Brunch following the 8:30 mass. Guest Speaker to be announced. Tickets will go on sale soon.
- ◆ DO YOU NEED A RIDE TO A MEETING OR EVENT? Contact Pam Wilson at 403-288-5400 or 403-807-7409

1. Trivia Corner Answers
March 30, 1965
2. Virginia Klatzel - St. Luke's CWL has a Scholarship named after Virginia. It is awarded every year to a student who has graduated, is attended post secondary school and is related to a St. Luke's CWL member in good standing.
3. The Catholic Women's League (CWL) is a Roman Catholic lay organization founded in 1906 by Margaret Fletcher. Originally intended to bring together Catholic women in England, the organization has grown, and may be found in numerous Commonwealth countries.
4. Units of the Catholic Women's League had been established in Edmonton, Alberta in 1912, in Montréal in 1917, in Toronto, Ontario and Ottawa, Ontario in 1918 and in Halifax, Nova Scotia and Regina, Saskatchewan in 1919.
5. In 1923, the League was federally incorporated, thereby gaining official status within the laws of Canada, and during the following years was able to develop into a powerful yet prayerful national organization, as demonstrated by Executive Director Valerie Fall in "Except The Lord Build The House...". The women leading the organization were often professionals in their own right. They had worked their way from social action within the parish setting to full flowering Catholic Action that involved service in civic areas as well as in the church.