

When is
St. Gianna's Moms Group?

*Every Wednesday from 8:30a m to
11:30am
September - June*

How to join St Gianna's Moms Group:

If you would like to join St. Gianna's Moms Group just come to a meeting. All mothers are welcome. There is no membership fee, we simply ask for a contribution from those who are able to assist with the purchase of snacks and supplies.

For more information or to confirm the date and time of the next scheduled meeting, please feel free to call Michelle Widmeyer @ 403.471.4677 or Jessica Cyr @ 587.888.4940. We are moms too and we would love to hear from you!

Daily Prayer

**Holy Mary, Mother of Love,
help us to be mothers like you.
Place in our hearts your kindness
for the infants so like your son.**

**Give us words that nurture minds
that are growing so fast.
And show us how, Dear Mother,
to love as you loved our Saviour.**

**Holy Mary, Mother of Love,
help us to be mothers like you.**



St Gianna's Moms Group



Volunteer Babysitters Needed !!

What Is *St Gianna's Moms Group?*



St Gianna's Moms Group is a women's group organized by mothers for mothers. The group meets every Wednesday from 8:30am to 11:30am from September to June. Volunteer babysitters care for children in an adjacent room, leaving mothers free to enjoy time together. Children have the opportunity to interact with other pre-school children enjoying toys and a snack together.

St Gianna's Moms Group focuses on fellowship, spiritual development and service to the community.

Fellowship — *St Gianna's Moms Group* provides an opportunity to meet other moms in the community and to foster friendships over weekly coffee and snacks. Social activities such as movie nights are planned throughout the year and at Christmas, moms meet for a festive gathering at a local restaurant.

Spiritual Development — Each meeting is opened and closed with prayer and there are opportunities each week for reflection and sharing with the group. We will be doing a monthly book study, have guest speakers throughout the year, and provide moms with information on retreats in the Calgary Catholic community.

Service to the Community — Our group will be helping with parish events and assisting with existing parish ministries.

Every month we touch on each of the three areas of focus for our group:

1st Wednesday

- Service to the Community

2nd Wednesday

- Fellowship (Each month will feature a different guest speaker on a wide range of topics—from the Catholic faith to motherhood. Speakers are drawn from within the group and from the community)

3rd Wednesday

- Spirituality (Book Study)

4th Wednesday

- Spirituality (Guided reflection)

Babysitters for *St Gianna's Moms Group*

Do you enjoy taking care of pre-school children?

Would like to give mothers a chance to relax and socialize with other mothers?

Then come and join a team of baby-sitters for
St Gianna's Moms Group.

Baby-sitters are needed every Wednesday from September to June. It takes some time to interview and process volunteers, so if you are interested please let us know right away so we can get started and you can join our ministry as soon as possible. We thank you in advance for your patience!

For further information or to get started with the volunteer process, please contact:
Michelle Widmeyer at 403.471.4677 or
Jessica Cyr at 587.888.4940

Thanks for helping us mothers out!

