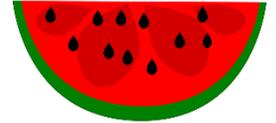


Looking for a Summer Retreat? Mount St. Francis is offering:



Brother Sun – Sister Moon Pilgrimage Retreat - July 16 Saturday

A full-day outdoor retreat beginning at 9:00 am. Pilgrimage Walk, Eucharist, Laudato Si' reflections, personal prayer time, picnic lunch, BBQ dinner and bonfire. Please dress and prepare for the weather and terrain. Bring a water bottle and a small day pack.

\$60

Registration is limited. Registration deadline: July 12

Holy Ground – Seeing the Sacred in the Everyday - Women's Silent Retreat August 12-14

Our day is often busy or restless. Even a few minutes each day of reflection or an annual retreat awakens us to God's presence in our lives. As Jesus promises, "And remember, I am with you always, to the end of the age." (Matt. 28:20) God pitches a tent, dwells within us and among us.

\$215

Soul Care – Women's Retreat with Guest Presenter: Cathy AJ Hardy August 16-18

Soul Care Retreats are times of oasis for the heart, body & soul. A time away to be replenished, restored and renewed. Soul Care Retreats are created to give opportunities for women to come back home to themselves and to God.

\$415

Registration is limited.

Preached Retreat – Weaving Our Life in God – Reflections from the Life of St. Clare August 22-28

Guided by images, moments, and reflections from the life of St. Clare this week-long retreat gives space to be and to ponder how God weaves life into a beautiful tapestry. St. Clare points to Christ and invites us to have an encounter with him.

\$600

Laudato Si' – World Day of Prayer for Care of Creation Thursday, September 1, 9 am – 1 pm

Pope Francis declared September 1 as the World Day of Prayer for the Care of Creation. This half-day prayer retreat includes a reflective walk, Eucharist, time for prayer, and delicious earth-inspired lunch. Please dress and prepare for the weather. Bring a water bottle and a small day pack.

Cost: \$20

For more information or to register - mtfrancis@shaw.ca 403-932-2012

